Ladders of Life


Designed and pieced by Kaye England, Quilted by Cathy Franks Finished Quilt Size, $71 \times 80^{\prime \prime}$
Based on two blocks from Journey to Jericho by Kaye England

Lights \& Border Two
3 yards
Mediums
Darks
Borders One \& Three
Backing and Binding

$11 / 4$ yards
1 yard
$11 / 2$ yards
5 yards


## Jacob's Ladder (Finishes 9" Square)

Fabric Piece Block Quilt Cutting Instructions*
Light A $10 \quad 160 \quad$ Cut 2"Squares*
Dark A 10160 Cut 2"Squares*

Light B 2 (4) 32 (64) Cut $37 / 8^{\prime \prime}$ Squares, Cut into HS-Tri's Medium B 2 (4) 32 (64) Cut $37 / 8^{\prime \prime}$ Squares, Cut into HS-Tri's *Or, cut 2 " strips from each of the Light and Dark fabrics, sew together along length and crosscut into 2 " units (see illustration).

1. Sew the Light and Dark squares (A) into 4-patch units alternating light and dark.
2. Combine Light and Medium Half-Square Triangles together into pairs.
3. Following illustration, assemble block by alternating 4-Patch and HalfSquare Triangle units into a 9-Patch unit. Make sixteen Jacob's Ladder blocks.


## Bethlehem Star (Finishes 18" Square)

Fabric Piece Block Yield Cutting Instructions*
Light C 612 Cut $31 / s^{\prime \prime}$ Squares, Cut into HS-Tri's
Medium C 1428 Cut 31/8" Squares, Cut into HS-Tri's
Dark C 1224 Cut 31/8" Squares, Cut into HS-Tri's
Light D 312 Cut 53/4" Squares, Cut twice into QS-Tri's
Medium E $4 \quad$ Cut $23 / 4 \times 5$ " Rectangles
Medium F $4 \quad$ Cut $23 / 4$ " Squares
Medium G 24 Cut $53 / 8^{\prime \prime}$ Squares, Cut into HS-Tri's

1. Combine Dark and Medium Half-Square Triangles (C) together into pairs. Sew four units together following diagram above.
2. Sew a Medium and Dark HS-Triangle to adjacent sides of a Light Quarter-Square Triangle (D) as illustrated.
3. Combine four of the Light and Medium HS-Triangles into pairs.
4. Using the above units together as diagramed above (center dashed box).
5. Make "crown" units by sewing Medium and Dark HS-Triangles together into pairs. Sew units to opposite sides of the Medium Rectangles (E). Sew the Medium and Dark HS-Triangles to adjacent sides of the remaining Light QS-Triangles as illustrated. Combine two of these units into a strip; sew to other units to make a rectangle.
6. Sew two of the "crown" units to opposite sides of the center square.
7. Attach the Light HS-Triangles to adjacent sides of the Medium Squares ( F ) to form a triangle. Sew the larger Medium HS-Triangles (G) to the long side of the triangle unit to make a square.
8. Sew the above squares to each end of the remaining two "crown" units. Sew to top and bottom of the center square to complete block.
Combine the Jacob's ladder and Bethlehem Star blocks together as illustrated above left.

## Border One

Cut 2" strips of Border One fabric. Measure length of quilt through center and cut two strips that length and sew to sides of quilt. Meausre width of quilt through middle, cut two strips that length and sew to top and bottom of quilt.

## Border Two

Repeat the above instructions, but use $12^{1 / 2 \prime \prime}$ strips. (Note: the applique patterns in the photo are based on designs in the book, Journey to Jericho by Kaye England).

## Final Border

The final border is cut the same way, but using $4 \frac{1}{2} 2^{\prime \prime}$ strips.

## Finishing

Layer the finished quilt top with batting and backing and quilt using your favorite hand or machine quilting techniques.

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## RULER CONVERSION CHART Ladders of Life by Kaye England

This chart will send you to the specific page and unit \# and then ask you to cut a specific size strip as all the specialty rulers work from a strip set. You would then lay the ruler on the strip to cut the needed unit. This information will only be useful if you own the book or pattern. You would then just store this with the book and when you were ready to work on a block, you could then decide which method you prefer at that time.


TIP: If I need a light and a dark half square triangle that will sew together, then I place the strips right sides together to cut the unit. This way it is ready to go to the machine and doesn't require further handling. The quarter square ruler doesn't have a preference on cutting one at a time or more than one.

Options and choices make patchwork so much more specific to our needs. Please note that each ruler comes with specific directions as to how it is to be used.

| Unit | Cut | Ruler |
| :--- | :--- | :--- |
| B | $31 / 2^{\prime \prime}$ strip | Half Square (NNHS) |
| C | $2^{3 / 4}$ strip | Half Square (NNHS) |
| D | $2^{3 / 4}{ }^{\prime \prime}$ strip | Quarter Square (NNHS) |
| G | $5^{5}$ strip | Half Square (NNHS) |



Quarter Square (NNQS)

